



118 High Street, Belfast ME
(207) 930-0304
Order online at dailysoupbelfast.com

DAILY HOMEMADE SOUPS

Add a slice of Borealis Bread for \$1.00

MONDAY SOUPS

A Soup of Cauliflower and Cheese (Vegetarian/GF)

\$10.00 16 oz \$5.50 8 oz

Onions and garlic are sautéed in olive oil until softened. Meanwhile, cauliflower florets are boiled in water until tender. Bay leaves, the cauliflower, and its cooking liquid are added to the onions, and simmer until the vegetables are very soft. The soup is pureed and returned to the pot, and whole grain mustard, crème fraîche, and cheddar and Gruyere cheese are stirred in.

Moroccan Lamb Soup

\$12.00 16 oz \$6.50 8 oz

Called “Harira” – this classic dish has a complex blend of spices. Local lamb is browned in olive oil. Onion and garlic are sautéed, then dried ginger, black pepper, turmeric, toasted ground cumin, cayenne, and saffron are added along with tomato purée, cilantro, and celery. Lentils and chickpeas are added, and simmer until tender. The Harira is garnished with vermicelli, dried mint, and a squeeze of lemon.

GF: Ask for no vermicelli