

118 High Street, Belfast ME (207) 930-0304 Order online at dailysoupbelfast.com

DAILY HOMEMADE SOUPS

Add a slice of Borealis Bread for \$1.00

THURSDAY AND FRIDAY SOUPS

Tomato Rasam (Vegan/GF) \$10.00 16 oz \$5.50 8 oz

This is a hearty version of the classic Indian tomato soup, with red lentils added. Onions, garlic, and cilantro stems are cooked in oil. A freshly toasted and ground spice mix of coriander, cumin, black pepper, chile, fennel, and fenugreek is stirred in. Pureed tomatoes, red lentils, turmeric and lemon juice are added. The soup is finished with fried curry leaves and mustard seeds, and is garnished with cilantro.

Chicken Gumbo with Andouille Sausage (GF) \$12.00 16 oz \$6.50 8 oz

Marcia created this delicious Cajun gumbo, which starts with the holy trinity of sauteed onion, green pepper, and celery. Seasoned chicken and Andouille sausage are then sauteed and added. Okra is simmered in with garlic. This thick, spicy stew is served over rice and garnished with scallions. Freshly ground sassafras leaves – or filé powder – is sprinkled on top.