



118 High Street, Belfast ME
(207) 930-0304
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DAILY HOMEMADE SOUPS

Add a slice of Borealis Bread for \$1.00

THURSDAY SOUPS

South Indian Coconut Dal (Vegan/GF)

\$10.00 16 oz \$6.00 8 oz

Yellow split peas are simmered with turmeric. Onion, ginger, and jalapenos are sautéed in vegetable oil. Toasted ground cumin and tomato purée are added to the peas, along with coconut milk and lime juice. A fragrant, toasted mix called “Tarka” (fried curry leaves, mustard and cumin seeds) is stirred in last. The Dal is garnished with toasted coconut and cilantro, and served with basmati rice.

Chicken Gumbo with Andouille Sausage (GF)

\$12.00 16 oz \$6.50 8 oz

Marcia created this delicious Cajun gumbo, which starts with the holy trinity of sautéed onion, green pepper, and celery. Seasoned chicken and Andouille sausage are then sautéed and added. Okra is simmered in with garlic. This thick, spicy stew is served over rice and garnished with scallions. Freshly ground sassafras leaves – or filé powder – is sprinkled on top.