



118 High Street, Belfast ME
(207) 930-0304
Order online at dailysoupbelfast.com

DAILY HOMEMADE SOUPS

Add a slice of Borealis Bread for \$1.00

THURSDAY AND FRIDAY SOUPS:

Turkish Red Lentil Soup (Vegan/GF)

\$9.50 16 oz \$5.50 8 oz

Called Mercimek, this traditional Turkish soup starts with onion, garlic, and grated carrot sautéed in olive oil. Tomato paste is added, followed by toasted and ground cumin and coriander, dried ginger, turmeric, and a pinch of cayenne.

Water is poured in, with red lentils and bay leaves. The soup simmers until smooth. Lemon juice is added, and the soup is garnished with golden garlic slices, olive oil, and Aleppo pepper.

Moroccan Lamb Soup

\$12.00 16 oz \$6.50 8 oz

Called "Harira" – this classic dish has a complex blend of spices. Local lamb is browned in olive oil. Onion and garlic are sautéed, then dried ginger, black pepper, turmeric, toasted ground cumin, cayenne, and saffron are added along with tomato purée, cilantro, and celery. Lentils and chickpeas are added, and simmer until tender. The Harira is garnished with vermicelli, dried mint, and a squeeze of lemon.