



118 High Street, Belfast ME
(207) 930-0304
Order online at dailysoupbelfast.com

DAILY HOMEMADE SOUPS

Add a slice of Borealis Bread for \$1.00

SATURDAY SOUPS:

Vegetarian Chili (Vegetarian/GF)

\$9.50 16 oz \$5.50 8 oz

Red kidney beans are cooked with bay leaves and tomatoes, and TVP is added to thicken it. Diced onions, garlic, jalapenos, and bell peppers are sautéed separately with cumin seeds, basil, oregano, ground coriander, chili powder, and cayenne.

The vegetables are stirred into the kidney beans. It is served over rice with cheddar cheese, cilantro, and sour cream, if desired.

Request no cheese if you'd like it vegan!

Creamy Tomato Soup (Vegetarian/GF)

\$9.00 16 oz \$5.00 8 oz

Onions, carrots, and garlic are sauteed in butter until wilted. Tomatoes, basil, allspice, and a pinch of sugar are added. Homemade vegetable broth is poured in, and the soup simmers for a long time. It is pureed, and cream is added.

Chicken and Rice Soup (GF)

\$12.00 16 oz \$6.50 8 oz

“This soup may not be beautiful, but it sure is good.” Onions, celery, carrots, parsley, a whole chicken, and a cup of brown rice are thrown into a pot with water, and simmer until the chicken is tender. The chicken is removed; the meat is shredded and returned to the pot. Comforting, and delicious!