



118 High Street, Belfast ME
(207) 930-0304
Order online at dailysoupbelfast.com

DAILY HOMEMADE SOUPS

Add a slice of Borealis Bread for \$1.00

MONDAY AND TUESDAY SOUPS:

Lentil Soup with Broccoli Raab (Vegan/GF)

\$9.00 16 oz \$5.00 8 oz

Diced onions, carrots, celery, and garlic are sautéed in olive oil until softened. Green lentils, tomato paste, bay leaf, and water are stirred in and brought to a simmer. When the lentils are tender, lemon zest is stirred into the soup, and it is ladled into bowls and topped with steamed broccoli raab.

A Luscious Carrot Soup (Vegan/GF)

\$9.00 16 oz \$5.00 8 oz

Diced onions are sautéed in coconut oil until translucent. Red curry paste and gobs of chopped carrots are stirred in. After the vegetables are coated with the curry paste and the coconut oil, coconut milk and water are added. When the carrots are tender, the soup is pureed, and a big squeeze of lemon juice is added. The soup is served with micro-greens and slivered almonds.

Chicken and Escarole Soup with Orrechiette (GF: ask for it w/out pasta)

\$11.00 16 oz \$6.00 8 oz

Boneless chicken thighs are roasted and shredded, then sautéed in olive oil with onions, celery, garlic, oregano, and fennel seeds. Diced tomatoes and homemade chicken broth are added.

Fresh chopped escarole and orrechiette pasta are added, and it's served with pecorino cheese.