



118 High Street, Belfast ME
(207) 930-0304
Order online at dailysoupbelfast.com

DAILY HOMEMADE SOUPS

Add a slice of artisan bread from Universal Bread Bakers in Waterville, ME for \$1.00

THURSDAY and FRIDAY SOUPS:

Senegalese Peanut Soup with Rice (Vegan/GF)

\$9.00 16 oz \$5.50 8 oz

Deeply flavored and soothing, this is a satisfying vegan soup. Onions and garlic are sauteed in vegetable oil and spiced with curry and a touch of cayenne. Tomatoes, cilantro, peanut butter, and coconut milk are added. It is served with rice and garnished with cilantro and a squeeze of lime.

Moroccan Lamb Soup

\$12.00 16 oz \$6.50 8 oz

Called "Harira" – this classic dish has a complex blend of spices. Local lamb is browned in olive oil. Onion and garlic are sautéed, then dried ginger, black pepper, turmeric, toasted ground cumin, cayenne, and saffron are added along with tomato purée, cilantro, and celery. Lentils and chickpeas are added, and simmer until tender. The Harira is garnished with vermicelli, dried mint, and a squeeze of lemon.