



118 High Street, Belfast ME  
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## DAILY HOMEMADE SOUPS

*Add a slice of artisan bread from Universal Bread Bakers in Waterville, ME for \$1.00*

### THURSDAY AND FRIDAY:

#### **Sweet Potato and Cumin Soup with Feta Yogurt (Vegan/GF)**

**\$8.50 16 oz \$4.75 8 oz**

Onions, garlic, cumin, and chili flakes are sautéed together with sweet potatoes until softened and very fragrant. Homemade vegetable broth is added and the soup simmers until the sweet potatoes are meltingly tender. It is then pureed and seasoned. It is served with a dollop of feta yogurt and cilantro.

#### **Lentil-Parmesan Minestrone (Vegetarian/GF)**

**\$9.00 16 oz \$5.00 8 oz**

Green lentils are simmered with parmesan rinds and thyme. Onions, celery, and carrots are sautéed in olive oil. Homemade parmesan broth is added, along with chopped kale, diced potatoes, and tomatoes. Roasted garlic and fresh rosemary are added last. The soup is garnished with freshly grated parmesan and chopped parsley.

#### **Texas Chili con Carne (GF)**

**\$14.00 16 oz \$8.00 8 oz**

Onion and garlic are sautéed in vegetable oil with toasted and ground cumin. Local beef and lamb are browned, then simmered in a rich, complex purée of dried guajillo, Ancho, and New Mexico chilies. Then hominy and cornmeal are stirred in. This is a real “Texas bowl o’ red”.